## **Request for Follow-Up Assessment**

If you wish to book for a follow-up assessment based on the stress check results, details are as follows:

- Online booking available period: 23 Oct. 2023 ~30 Nov. 2023
- How to book for a follow-up assessment:

You can either choose "face to face" or "online (Zoom)" for the follow-up. If you choose "online", the doctor will send you an invitation email later. When you complete the booking, an email will automatically be sent from the online system (noreply@coubic.com).

●Ookayama/Tamachi campus

URL: <a href="https://coubic.com/hokenkanri/717775/express">https://coubic.com/hokenkanri/717775/express</a>

Password: yoyaku2023

Suzukakedai campus

URL: https://coubic.com/hokenkanri/654572/express

Password: yoyaku2023



Ookayama/Tamachi campus



Suzukakedai campus

Who do I see in the follow-up assessment?

Occupational health physician.

\*Please bring a copy of your stress check results.

- Follow-up assessment available period: From November to December 2023
- Contact
  - Email: stresscheck@jim.titech.ac.jp
  - Phone: Ookayama and Tamachi Campus: 03-5734-2057

Suzukakedai Campus: 045-924-5107

If you request the above assessment of your own volition, the doctor will inform a designated member of staff at the Employee Relations Office that you are categorized as "assessment recommended," pursuant to the Industrial Safety and Health Act and the resolution of the Institute's Health and Safety Committee. However, please rest assured that details of the consultation will be strictly confidential and will not be disclosed without consent.

Note: If you do not agree with the content above, but wish to see a doctor for a follow-up, request for "General health consultation" in the online booking system. In this case, you will have a general health consultation with the doctor and your information will be shared only with the consultant regardless of your stress check results.

## Privacy policy

The assessments will be conducted to improve employees' working environment and to meet duty of care by ensuring their safety and health at work. The assessment results (e.g., whether or not the employee should adjust their work schedule or take leave for a while) will be reported to the Human Resources Division, managers, etc. The doctor will also give feedback or directions to the Institute when deemed necessary. What was discussed with the doctor or nurses will be confidential and will not be disclosed unless it indicates an immediate and serious danger to the employee's safety, life, or health.